

Common PGR student work experience options.

Below are some ideas postgraduate research students may wish to use towards their 50 hours of work experience on the Bristol PLUS Award.

We have indicated in brackets what would be deemed a reasonable number of hours to have spent on projects where hours might be difficult to quantify. These are guidelines only, and are to help you think about how you might roughly quantify the number of hours you have worked when completing the online work experience records in the PLUS Award process. Your reference (which might be your supervisor) will still need to verify the number of hours you input.

PGR work experience examples.

- Submit a journal paper (30 hours) Plus an additional 10 hours for revisions and successful publication.
- Submit a co-authored journal paper (30 hours).
- Submit a book review (15 hours).
- Review a paper for a journal (10 hours).
- Undergraduate teaching.
- Undergraduate demonstrating.
- Undergraduate marking.
- Supporting with an undergraduate field trip / research trip.
- Any internship or placement not credited towards your degree.

This list is not exhaustive, and intended only as a guide, to allow postgraduate research students to see how the additional activity they may already be undertaking alongside their degree can be rewarded through the PLUS Award.

Please note that this document is to be used in conjunction with the general PLUS Award work experience criteria on the website.